

2024 Annual Report

Prepared by:

Scott Mooring, DC, FICC, Chair David Paris, DC, MS, Vice Chair Louis Crivelli, DC, MS, FICC, Past Chair Clinton Daniels, DC, MS, Scientific Commission Chair Zachary Cupler, DC, MS, Scientific Commission Representative Janet Jordan, CAE, Administrator

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Board of Directors

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David Paris, DC, MS, DACRB, Vice Chair VA Northern California Health Care System

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Clinical Compass Scientific Commission

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Zachary Cupler, DC, MS, Board Representative Butler VA Health Care System

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Patrick Battaglia, DC University of Western States

Jeffrey Cates, DC, MS *Private Practice*

Ronald Farabaugh, DC Advanced Medicine Integration Group

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Morgan Price, DC VA Puget Sound Health Care System

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Alec Schielke, DC VA Palo Alto Health Care System

Michael Schneider, DC, PhD University of Pittsburgh

Dean Smith, DC, PhD Private Practice Miami University

Dave Taylor DC Texas Chiropractic College

Robert Trager, DC University Hospitals Case Western Reserve University Duke University

Alyssa Troutner, DC, MS Southern California University of Health Sciences Dartmouth College

Sheryl Walters, MLS Logan University

James Whedon, DC, MS Southern California University of Health Sciences

Anna-Marie Ziegler, DC, MS, MM VA St. Louis Health Care System

Biographies of Key Personnel

Scott Mooring DC, FICC, Clinical Compass Chair



Dr. Mooring has been in private practice since graduating from Northwestern Health Sciences University (NWHSU) in 2002. He is currently the Chair of the Clinical Compass Executive Board and has served on the Board of Director since 2015. He is a past President of the Minnesota Chiropractic Association, serving on the Board of Directors since 2011 and has been part of the ACA House of Delegates since 2015 where he currently serves as the Minnesota State Affiliate Representative. He is a clinical educator and has been training interns in his practice along with teaching elective courses at NWHSU since 2007. In 2014, he began serving as a Team Chiropractor with the University of Minnesota Athletic Medicine Department and he works with multiple teams through the University including wrestling,

hockey, basketball and track and field. He works international sporting events through the Federation of International Sports Chiropractor. His research interests include sport injuries, extremity conditions, and clinical practice guidelines.

Dave Paris DC, MS, Clinical Compass Vice Chair



Dr. Paris is Chiropractic Section Chief at VA Northern California Healthcare System. He currently serves as Clinical Compass Vice Chair. He is a 2001 Palmer West College of Chiropractic graduate and obtained his MS in Neuroscience from Parker University. Previously he served as the ChiroCongress District 5 Delegate and on the VA Chiropractic Field Committee and Professional Standards Board. He currently serves as Chair of the California Board of Chiropractic Examiners, American Chiropractic Associations House of Delegates (Northern California Delegate), Council on Chiropractic Education (CCE) Academy of Site Team Visitors and the Federation of Chiropractic Licensing Boards (FCLB) Board of Directors (District IV Director).

Biographies of Key Personnel

Clinton Daniels DC, MS, Clinical Compass Scientific Commission Chair



Dr. Daniels is Chiropractic Section Chief and Residency Director at VA Puget Sound Health Care System. He received a BS from Purdue University and his DC and MS degrees from Logan University. In 2014 Dr. Daniels was selected to the inaugural cohort of VA chiropractic residents and in 2015 joined the VA Puget Sound medical staff. He is Chair of the Clinical Compass Scientific Commission, steering committee member for the VA Cancer Rehabilitation SCAN-ECHO, Secretary for the Chiropractic Health Care section of the American Public Health Association, and the Research Coordinator for the VA Chiropractic Field Advisory Committee. He has served on the editorial board of several chiropractic journals and currently serves on the editorial board of BMC Complementary Medicine and Therapies. He

has authored greater than 40 publications on topics ranging from chiropractic integration into veteran and military facilities, postsurgical spine pain, suicide prevention, and chiropractic best practices.

Zachary Cupler, DC, MS, Clinical Compass Scientific Commission Representative



Dr. Cupler is a staff chiropractor at the VA Butler Health Care System. He leads the interdisciplinary Pain Management Team and provides chiropractic and acupuncture services for acute and chronic pain conditions within the Physical Medicine & Rehabilitation Service. Beyond the clinic, he chairs the VA Butler HCS Pain and Opioid Review Committees and serves as the facility Pain Point of Contact. Dr. Cupler's research interest spans evaluation and management of acute and chronic pain conditions. His investigations include systematic and scoping reviews as well as retrospective observational cohorts. He has over 15 peerreviewed publications, and he has served as a subject matter expert for national and multinational clinical practice guideline development for spine condition management. He

was appointed as a Clinical Compass Scientific Commission Representative in 2024.

Biographies of Key Personnel

Louis Crivelli, DC, MS, FICC, Clinical Compass Past Chair



Dr. Louis Crivelli received his doctorate in chiropractic from the National University of Health Sciences in 2001. He is the Immediate Past Chair of the Clinical Compass and a co-author on the most recent clinical practice guidelines on Neck Pain, Low Back Pain, Chronic Pain, Health Promotion and Disease Prevention. He began his work with the Clinical Compass in 2015 serving as the District 1 Representative. He is a former President, Board Chair, and current Vice President of the Maryland Chiropractic Association and was voted Chiropractor of the Year for 2016, 2018 and again in 2019. Dr. Crivelli is the longtime Maryland delegate for the American Chiropractic Association and a member of the ACA Legislative Committee. Dr. Crivelli is also the developer, chief instructor, and coordinator of the Maryland Chiropractic Association's Chiropractic Assistant program. He also serves on the Research Workgroup for the Chiropractic Strategic Plan, is a lifetime fellow of the International College of Chiropractors, a member of the North American Spine Society,

and American Public Health Association. Dr. Crivelli is the Director of Chiropractic for APT Healthcare, a multidisciplinary company with over 60 locations in Maryland, Virginia, and Washington DC.

Janet Jordan, CAE, Clinical Compass Administrator



Ms. Jordan began her career in association management in 1989 as Executive Director of the SC Chiropractic Association. She opened her own association management company in 1996 and earned her Certified Association Executive designation in 2004. She has provided full-service management and administrative support to dozens of nonprofit organizations and retired from the SC Academy of PAs in 2023 after serving as their Executive Director for 23 years. She continues to serve as Executive Director of the SC Ground Water Association and provides administrative support to Clinical Compass and the Hawaii State Chiropractic Association. Janet is a member of the American Society of Association Executives (ASAE) and the SC Society of Association Executives (SCSAE) and was named

Executive of the Year by SCSAE in 2023. Janet is also co-owner of Two Gals and a Fork Food Tours, LLC, hosting historical walking food tours in various South Carolina cities. She and her husband, Steve, live on the shores of Lake Murray in Irmo, SC, with their beloved Cavalier King Charles Spaniels, Tana, and Rosie. When not boating on the lake, they enjoy vacationing in Lake Lure, NC, and St. Thomas, US Virgin Islands.

Who is Clinical Compass?

Background:

Clinical Compass is a 501c3 nonprofit, apolitical, evidence-synthesis think tank. We conduct a variety of systematic literature reviews, develop best practice recommendations, maintain a resource Evidence Center that highlights research relevant to chiropractic stakeholders, and provide rapid response letters to the editor to combat inappropriate and misplaced criticisms against the chiropractic profession and interventions used by chiropractors.

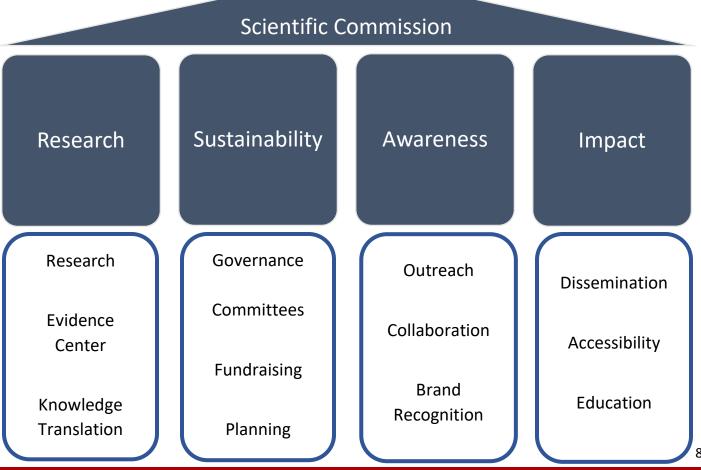
Originally known as Council on Chiropractic Guidelines and Practice Parameters (CCGPP), Clinical Compass was formed in 1995 through efforts of ChiroCongress (formerly Congress of Chiropractic State Associations) as a pathway to equip the profession with evidence to engage in discussions with payers, legislators, and other stakeholders on matters relevant to chiropractic. To date, literature generated by Clinical Compass has primarily been utilized by national and state chiropractic associations for practicing chiropractors. Clinical Compass is an established leader in the chiropractic scientific community and is dedicated to supporting the profession through adherence and reliance on evidence and interprofessional collaboration. Some of our long-standing partners include the NCMIC Foundation Inc., ChiroCongress, the American Chiropractic Association, the American Public Health Association, Chiropractic Future, the Association of Chiropractic Colleges, and numerous state associations.

Mission: To improve patient outcomes by advancing evidence-based care.

Vision: Transforming healthcare through knowledge translation.

Values: Knowledge, Collaboration, Justice





Research

Clinical Compass Publications (last five years)

Best Practices/Clinical Practice Guidelines

Daniels C, Cupler Z[^], Napuli J, Walsh R, **Ziegler A**, Meyer K, Knieper M, **Walters S, Salsbury S, Trager R**[^], **Gliedt J**[^], Young M, Anderson K, Kirk E, **Mooring S,** Battaglia P, **Paris D**, Brown A, Goehl J, **Hawk C**. <u>Development of Preliminary Integrated</u> Health Care Clinical Competencies for United States Doctor of Chiropractic Programs: A Modified Delphi Consensus Process. Glob Adv Integr Med Health 2024;13:27536130241275944.

Keating G, **Hawk C**, Amorin-Woods L, Amorin-Woods D, Vallone S, **Farabaugh R**, Todd A, Ferrance R, Young J, O'Neill Bhogal S, Sexton H, Alevaki H, Miller J, Parkin-Smith G, **Schielke A**, Robinson A, Thompson R. <u>Clinical Practice Guideline for Best</u> <u>Practice Management of Pediatric Patients by Chiropractors: Results of a Delphi Consensus Process.</u> J Integr Complement Med. 2024 Mar;30(3):216-232.

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Whalen W, Hawk C, Farabaugh R, Daniels C, Taylor D, Anderson K, Crivelli L, Anderson D, Thomson L, Sarnat R. <u>Best Practices for Chiropractic Management of Adult Patients with Mechanical Low Back Pain: A</u> <u>Clinical Practice Guideline for Chiropractors in the United States</u>. *Journal of Manipulative Physiological Therapeutics* 2022;2022 Oct;45(8):551-565.

Hawk C, Amorin-Woods L, Evans W, Whedon J, Daniels C, Williams R, Parkin-Smith G, Taylor D, Anderson D, Farabaugh R, Walters S, Schielke A, Minkalis A, Crivelli L, Alpers C, Hinkeldey N, Hoang J*, Caraway D*, Whalen W, Cook J, Redwood D. <u>The Role of Chiropractic Care in Providing Health Promotion</u> and Clinical Preventive Services for Adult Patients with Musculoskeletal Pain: A Clinical Practice Guideline. *Journal of Alternative and Complementary Medicine* 2021.27(10):850-867.

Hawk C, Whalen W, Farabaugh R, Daniels C, Minkalis A, Taylor D, Anderson D, Anderson K, Crivelli L, Clark M, Barlow E, Paris D, Sarnat R, Weeks J. <u>Best Practices for Chiropractic Management of Patients with</u> <u>Chronic Musculoskeletal Pain: A Clinical Practice Guideline</u>. *Journal of Alternative and Complementary Medicine* 2020;26(10):884-901.

Whalen W, Farabaugh R, Hawk C, Minkalis AL, Lauretti W, **Crivelli L**, Wyatt L, Sheppard M, **Walters S.** <u>Best-Practice Recommendations for Chiropractic Management of Patients With Neck Pain.</u> J Manipulative Physiol Ther. 2019 Nov;42(9):635-650.

Systematic Reviews

Farabaugh R, Hawk C, Noll C, Daniels C, Whedon J, Schneider M, Taylor D, Whalen W, Suiter L, McGowan, Wilcox R, Sarnat R. Cost of Chiropractic Versus Medical Management of Adults with Spine-Related Musculoskeletal Pain: A Systematic Review. *Chiropractic and Manual Therapies* 2024;32(8).

Research

Letters to the Editor



Snodgrass T*, **Trager R^, Daniels C, Battaglia P, Cupler Z.** Letter to the Editor: Current evidence does not support a causal relationship between chiropractic spinal manipulative therapy and cerebrospinal fluid leaks. A&A Practice 2024; Accepted.

Meyer K, **Trager R^, Daniels C, Cupler Z^**. Letter to the Editor: Self-Manipulation Inaccurately Associated with the Chiropractic Profession. American Journal of Forensic Medical Pathology 2024 May 23. doi:10.1097/PAF.00000000000950.

Cupler Z^, Trager R^, Daniels C. Letter to the Editor: Cervical Spinal Manipulative Therapy Unlikely Cause of Spontaneous Internal Carotid Artery Dissection. Vascular and Endovascular Surgery 2022;0(0):1-2.

Daniels C, Hawk C. Letter to the Editor: Methodological Limitations and Selection Bias Undermine Certainty of Findings Related Chiropractic to Spontaneous Intracranial Hypotension. *The Neurohospitalist* 2022;12(2):427-428.

Trager R^, Hardison J. Letter to the Editor: Confounding and Misclassification Obscures the Association Between Spinal Manipulation and Spontaneous Intracranial Hypotension. *The Neurohospitalist*. 2022 Apr;12(2):429-430.

Miller J, **Trager R**[^], **Battaglia P, Daniels C**. Letter to the Editor: Missing Information and Bias Confounds Between Manipulation and Atypical Femur Fracture. *Case Reports in Orthopedic Research* 2021. *Case Reports in Orthopedic Research* 2021.4:267-269.

Rae L, Daniels C, Trager R[^]. <u>Rapid Response: Misrepresentation of Chiropractic in a Case of Carotid Artery</u> <u>Dissection</u>. *BMJ Open Case Reports* 2021.

Bold= Current Clinical Compass Executive Board or Scientific Commission members

* = DC student

^ = DC postgraduate student or trainee

Research

Research Projects in Progress

Completed projects in submission

Daniels C, **Paris D**, **Mooring S**, Anderson K, **Crivelli L**, **Muth C**. United States Guidance on Informed Consent for Chiropractors: A Review of State Regulator Websites (Manuscript in Submission)

Trager R^, Daniels C, Hawk C, Taylor D, Price M, Anderson K, **Mooring S, Crivelli L**, **Walters S**, Staab C^, Oakley C. Chiropractic Management of Adult Patients with Cervicogenic or Tension-Type Headaches: A Systematic Review and Clinical Practice Guideline. (Manuscript in Submission)

Projects underway

Cupler Z, Benjamin L, **Smith D**, **Taylor D**, **Mooring S**, **Troutner A^**, **Walters S**, **Daniels C**. Non-Pharmacological, Non-Operative Management of Shoulder Conditions: An Updated Systematic Review

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Schielke A, Daniels C, Trager R[^], Price M, Wilcox R, Stevans J, Hawk C. Efficacy of Spinal Manipulative Therapy in Older Adults with Chronic Spinal Conditions: A Systematic Review

Projects in planning

Daniels C, Cupler Z, Mooring S, Paris D, Crivelli L, Askew J. Evidence-Synthesis Research Priorities, and Informing a Research Agenda for the United States Non-Profit Chiropractic Research Collaborative Clinical Compass: A Consensus Study

Hawk C, Schielke A, Anderson D, Anderson K, Daniels C, Farabaugh R, Killinger L, Lawrence D, Maiers M, Price M, Salsbury S, Stevans J, Shastri V, Rundell S, Trager R[^], Walters S, Whalen W. Chiropractic Management of Older Adults with Spine and Musculoskeletal-Related Pain: A Clinical Practice Guideline

Schielke A, Daniels C, Walters S, Killinger L, Farabaugh R, Anderson K, Whalen W. Safety and Adverse Events Associated with Chiropractic Care Among Older Adults: A Systematic Review

Bold= Current Clinical Compass Executive Board or Scientific Commission members

* = DC student

^ = DC postgraduate student or trainee



The Florida Chiropractic Association (FCA) is a significant financial contributor to Clinical Compass. In a multi-year financial partnership, FCA has generously sponsored our Evidence Center. The Evidence Center is updated twice a year with the latest research to equip individual chiropractic members and state association members. In the Evidence Center, up-to-date research is available in 17 different health care topics relevant to chiropractic clinicians:

- 1. Low Back Pain
- 2. Neck Pain
- 3. Lower Extremity
- 4. Upper Extremity
- 5. Safety and Adverse Events
- 6. Non-Musculoskeletal Conditions
- 7. Integrative Care
- 8. Wellness, Prevention, and Health Promotion

- 9. Headaches
- 10. Pregnancy and Labor
- 11. Pediatrics
- 12. Geriatrics
- 13. Soft Tissue Care
- 14. Diagnostic Imaging
- 15. Cost Effectiveness
- 16. Opioids
- 17. Dry Needling

Brought to you by



Sustainability

Clinical Compass Donors (last five years)

- Alaska Chiropractic Society
- American Black Chiropractic Association
- American Chiropractic Association
- Association of New Jersey Chiropractors
- Breakthrough Coaching
- California Chiropractic Association
- ChiroCode
- ChiroCongress
- ChiroHealthUSA
- Chiropractic Association of Louisiana
- Colorado Chiropractic Association
- Connecticut Chiropractic Association
- Florida Chiropractic Association
- Georgia Chiropractic Association
- GoldStar Medical Business Solutions
- Hawaii State Chiropractic Association
- Kansas Chiropractic Association
- Kentucky Association of Chiropractors
- KMC University
- Maryland Chiropractic Association
- Minnesota Chiropractic Association

- Missouri Chiropractic Physicians
 Association
- Modern Chiropractic Marketing
- National Association of Chiropractic Attorneys
- NCMIC Foundation
- Nebraska Chiropractic Physicians
 Association
- New York Chiropractic Council
- North Dakota Chiropractic Association
- Ohio State Chiropractic Association
- Oregon Chiropractic Association
- SecureCare of Nebraska
- South Dakota Chiropractors Association
- Tennessee Chiropractic Association
- Texas Chiropractic Association
- Unified Chiropractic Association of Virginia
- Washington State Chiropractic Association
- West Hartford Group
- Wisconsin Chiropractic Association
- Women Chiropractors

President's Club Donors

(Individuals donating greater than \$1,000 per year)

Dr. Kris Anderson	Dr. Carl Cleveland III	Dr. Jay Greenstein
Dr. Thomas Augat	Dr. Louis Crivelli	Dr. Brad Hayes
Dr. Greg Baker	Dr. Jason Evans	Dr. Mha Atma Khalsa
Dr. Wayne Carr	Dr. Jeff Fedorko	Dr. Len Suiter



Awareness

Collaboration

Clinical Compass is a proud contributor to the Chiropractic Educators Research Forum (CERF), the Chiropractic Academy of Research Leadership (CARL), Chiropractic Futures, and other efforts to provide scholarship funding for trainees engaged in research and academic pursuits.

We have forged strong relationships with many professional chiropractic stakeholder groups including:

- American Black Chiropractic Association
- American Chiropractic Association
- American Public Health Association Chiropractic Health Care section
- Canadian Chiropractic Guideline Initiative
- ChiroCongress
- Cleveland University Kansas City
- National Association of Chiropractic Attorneys
- World Federation of Chiropractic
- Women in Chiropractic
- State Associations

Social Media and Outreach

In 2024, Clinical Compass began a dedicated effort to grow awareness of our research and service efforts through an intentional media presence with focused efforts on two social media platforms: LinkedIn and Facebook. With this messaging, we are targeting chiropractic clinicians, students, academicians, and researchers. Since the start of 2024, our LinkedIn followers have grown by **829%** to 706 and our Facebook followers have grown by **9%** to 1,046. We have also been featured in articles in the World Federation of Chiropractic Quarterly Report, Dynamic Chiropractic, American Chiropractic Association blog, and served as interview guest on the podcasts Chiropractic Science, Beyond Bricks, and Australian Chiropractic Association.



Impact

Dedication to Service

Clinical Compass is focused on serving our state association partners through providing continuing education content and special advisory or advocacy projects as well as literature reviews. Here are a few recent occasions where we have provided expertise and support to state association partners:

- Myofascial trigger point dry needling evidence report *Alabama State Chiropractic Association*
- State Medicaid pilot project Alaska Chiropractic Society
- HEDIS cost measure for imaging complicated low back pain *Florida Chiropractic Association*
- The Clinical Compass and its work were instrumental in reversing the restrictive pediatric chiropractic policy from Blue Cross/Blue Shield of North Dakota North Dakota Chiropractic Association

Compass Speakers Bureau

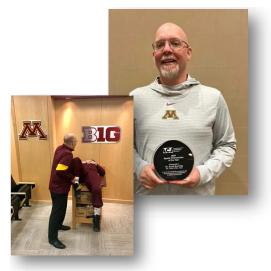
Clinical Compass has developed multiple presentations focused on best practices and are excited to partner with states to share the evidence with their memberships. Please reach out to arrange, <u>ccgpp@sc.rr.com</u>.

State association presentations in the past year include Connecticut, Georgia, Illinois, Maryland, Michigan, Ohio, North Carolina, North Dakota, South Dakota, Tennessee, Virginia, Washington D.C.



Award Winning Professional Service

Scott Mooring, DC, CCSP, FICC 2024 ACA Sports Chiropractor of the Year



Eric Roseen, DC, MSc, PhD 2024 ACA Researcher of the Year



Robert Trager, DC 2024 Ohio State Chiropractic Association Chiropractor of the Year



Clinton Daniels, DC, 2024 American Public Health Association, Chiropractic Health Care Section Rising Star



Morgan Price, DC 2024 North American Spine Society's Top 20 under 40



Morgan Price, DC Seattle, WA 30



Voices from the Profession

"Clinical Compass provides chiropractors, patients, and other professions with the information necessary to establish the value of what we do as chiropractors. Clinical Compass is invaluable to our profession."

"As an educator, doctor, and influencer - the tools that Clinical Compass has developed are invaluable to my ability to teach the value of chiropractic."

- Dr. Jeff Langmaid Founder – The Evidence Based Chiropractor

"Clinical Compass provides up-to-date information on the clinical responsibilities of chiropractors. Their newest paper, "Best Practices for Chiropractic Management of Adult Patients with Mechanical Low Back Pain," contains evidence-based recommendations designed to assist you in practice.

It covers every aspect of patient care, from history-taking to proven interventions. I continually reference Clinical Compass recommendations within the ChiroUp software and during my continuing education presentations."

- Dr. Brandon Steele Founder – ChiroUp

"ChiroUp is exceptionally grateful for the Clinical Compass resources. Our team looks forward to new releases and updates since the information is always accurate and practical. Having access to this invaluable tool streamlines our work. And knowing the quality and dedication of the Clinical Compass team allows us to publish and practice with greater confidence.

Your team is essential in helping us empower DCs with knowledge and confidence, for improved clinical outcomes. The chiropractic profession is fortunate to have the benefits of learning from a trusted source of best practice protocols. You are moving the needle on our shared mission to advance our profession."

- Dr. Tim Bertlesman Founder – ChiroUp

"As an expert on compliance and documentation I rely heavily on the contributions made by Clinical Compass. When I need defensible, reliable support for my presentations, or when I work with a consulting client or an attorney, I know I can find the guidelines and resources I need.

They are my "brain trust" and I don't know what the chiropractic profession would do without the evidencebased material that Clinical Compass provides."

- Dr. Evan Gwilliam Clinical Director - PayDC "When I found the Clinical Compass (CCGPP) years ago, I was thrilled. I felt so much better about myself when I presented a treatment plan to a patient that followed these guidelines. My report of findings changed from what felt like a sales pitch to an actual set of guidelines and to my amazement, patients understood it and were much more compliant in keeping with the plan.

I was so happy with them, I started teaching them to chiropractors all over the country, and still do to this day."

- Dr. Gregg Friedman Founder – Got Documentation/BulletProof EMR

"I am thrilled to share my extraordinary experience utilizing the Clinical Compass Evidence Center. As a chiropractor, both in practice and as a consultant, I knew that relying solely on anecdotal evidence and personal experience was insufficient to provide optimal outcomes.

Since embracing the chiropractic research outlined and provided by the Clinical Compass Evidence Center, it has allowed me to confidently provide patients and clients with information based and backed by scientific literature. It has enhanced the credibility of chiropractic care within the healthcare community and fostered a deeper understanding of evidence-based practices.

I am immensely grateful for the invaluable contributions of the Clinical Compass and their Evidence Center focused on chiropractic research in shaping the trajectory of my professional journey. I wholeheartedly recommend fellow chiropractors to embrace evidence-based practices and actively engage with chiropractic research by becoming a supporting member of the Clinical Compass and use of their Evidence Center."

- Dr. Scott Salita Founder – Chiro Records



Clinical Compass Board of Directors

ChiroCongress 2023