



# 2021 Fall - Winter Progress Report



Over the last 15 months, Clinical Compass has continued to advance the worthy cause of evidence based practice in the Chiropractic profession. We have written, funded, or contributed to the following publications:

**Best Practices for Chiropractic Management of Patients with Chronic Musculoskeletal Pain: A Clinical Practice Guideline – October 2020 in JACM**

- <https://doi.org/10.1089/acm.2020.0181>
- This paper was developed to be a collaborative, multi-disciplinary project that emphasizes the current treatment model, which is not curative and treats chronic pain as an entity into itself
- Presented as a Learn ACA webinar
- Accepted and presented at the World Federation of Chiropractic (WFC) Biannual Congress

**Chiropractic Care of Adults With Postpartum-Related Low Back, Pelvic Girdle, or Combination Pain: A Systematic Review – August 2020 in JMPT**

- <https://doi.org/10.1016/j.jmpt.2020.05.005>
- Dr. Cheryl Hawk, the Clinical Compass Scientific Commission Chair is a co-author

**Covid-19 Prevention and Treatment – February 2021**

- A Clinical Compass original white paper
- The Clinical Compass recognizes the worldwide impact of COVID-19 and is concerned over the distribution of inadequate, misleading, and often inaccurate information spread primarily over social media

**The Role of Chiropractic Care in Providing Health Promotion and Clinical Preventive Services for Adult Patients with Musculoskeletal Pain: A Clinical Practice Guideline – October 2021**

- <https://doi.org/10.1089/acm.2021.0184>
- Serves to provide a practical model of inter-professional collaboration for chiropractors in the delivery of clinical preventive services
- Presented as a Learn ACA webinar
- Accepted and presented at the World Federation of Chiropractic (WFC) Biannual Congress



Best-Practice Recommendations for Chiropractic Care for Pregnant and Postpartum Patients: Results of a Consensus Process – November 2021

- <https://doi.org/10.1016/j.jmpt.2021.03.002>
- Dr. Cheryl Hawk, the Clinical Compass' Scientific Commission Chair is a co-author
- The purpose of this project was to develop a best-practices document on chiropractic care for pregnant and postpartum patients with low back pain (LBP), pelvic girdle pain (PGP), or a combination of both.



The current project we are working on is an update to our well known and very high quality CPG on Chiropractic Care for Lower Back

- <https://doi.org/10.1016/j.jmpt.2015.10.006>
- 5 years is considered “old” for CPG. An update is needed to keep our CPG current, impactful, and relevant

At the request of the Alabama State Chiropractic Association, we completed an original state of the evidence/white paper on Myofascial Trigger Point Dry Needling

The Compass Speakers program has been an overwhelming success. We are currently seeking PACE approval for easier CE approval. Presentations have been given by board members in

- California
- Maryland
- Virginia
- Georgia
- North Dakota
- Minnesota
- The Veterans Administration

The Clinical Compass has partnered with the Chiropractic Educators Research Forum (CERF) to support faculty researchers at our Chiropractic institutions.

The Clinical Compass is proud to continue to support the Chiropractic researchers of tomorrow by supporting CARL and CARL II programs.

The Clinical Compass has recently begun working with the Alaska Chiropractic Society to provide evidence and advice on how to implement the state’s new chronic pain program under Medicaid.

2 Evidence Center updates made possible by a grant from the Florida Chiropractic Association. A new look, feel, and functionality to the website. More features are coming to the website such as help with documentation of CPG and “guest” bloggers.

We’ve increased the number of state associations that support us as Donor Organizations, granting their memberships FREE access to our Evidence Center.



Increased Social Media activity including fund raising through Amazon Smile and Facebook Fundraisers.



In our ongoing effort to engage with field practitioners, new research topics are to be determined in conjunction with ChiroCongress with input from the state associations.

Completed a Bylaws revision with updated policies and procedures.

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