

Non-Musculoskeletal Conditions

ADHD

A 2010 systematic review states that the evidence is insufficient to support or refute the benefit of chiropractic care for ADHD in children.¹

Asthma

A 2010 systematic review states that SMT is not effective for asthma, compared to sham manipulation.² However, a 2007 review indicates that the entire clinical encounter of chiropractic care, including SMT, is beneficial to patients with asthma.³

Another 2010 systematic review states that “chiropractic care showed improvements in subjective measures and, to a lesser degree objective measures, none of which were statistically significant... some asthmatic patients may benefit from this treatment approach; however, at this time, the evidence suggests chiropractic care should be used as an adjunct, not a replacement, to traditional medical therapy.”⁴

Autism spectrum disorders

A 2011 systematic review suggests that, although the literature is limited, “a trial of chiropractic care for sufferers of autism is...warranted.”⁵

Cervicogenic vertigo

A 2010 systematic review indicates that SMT is effective for cervicogenic vertigo.²

Infantile colic

A 2011 systematic review suggests that chiropractic care is safe and “a viable alternative” for infantile colic.⁶

A Cochrane database systematic review stated, “... it [is] impossible to arrive at a definitive conclusion about the effectiveness of manipulative therapies for infantile colic.”⁷

A 2010 systematic review found that the evidence is inconclusive for SMT for infantile colic.²

Otitis media

A 2012 narrative review stated, “there [is] currently no evidence to support or refute using SMT for OM and no evidence to suggest that SMT produces serious adverse effects for children with OM.”⁸

A 2007 systematic review stated, “Evidence was promising for potential benefit of manual procedures for children with otitis media...”³

Premenstrual syndrome and dysmenorrhea

A 2010 review found that SMT is not effective for dysmenorrhea, compared to a sham manipulation, and that the evidence for premenstrual syndrome is inconclusive.²

Respiratory disease

A 2013 systematic review of manual therapy for pediatric respiratory disease indicated that it appears to be beneficial; the most commonly used manual therapies for this population are chiropractic and osteopathic manipulation and massage.⁹

A 2007 systematic review stated, “Evidence was promising for potential benefit of manual procedures for elderly patients with pneumonia,”³ while a 2010 systematic review said the evidence was inconclusive.²

Non-Musculoskeletal Conditions continued

References

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