



January 14, 2011

Re: CCGPP Progress Report

Dear CCGPP Stakeholders:

The past few years have been very busy for the Council on Chiropractic Guidelines and Practice Parameters (CCGPP). Not only were the literature syntheses completed for all chapters, but five of them have been turned into guidelines, submitted, and accepted by the National Guideline Clearinghouse (NGC). You can find a wealth of information using these three important websites which should be marked as “favorites” in your internet browser:

- 1) CCGPP website: www.ccgpp.org.
- 2) JMPT: All completed literature syntheses and consensus guidelines have been published in www.jmptonline.org, and
- 3) NGC: National Guideline Clearinghouse, www.guideline.gov.

A chronic spine pain guideline was also completed and published in JMPT in 2010 after a very rigorous CCGPP Delphi consensus process: ***Management of Chronic Spine-Related Conditions: Consensus Recommendations of a Multidisciplinary Panel: Farabaugh, Dehen, Hawk. JMPT September 2010, Volume 33, Number 7, Pages 484-492.*** This guideline has been submitted to the NGC, and also to the Official Disability Guideline (ODG) in an effort to fill the void regarding adequate and appropriate treatment of the chronic pain patient. Combined with the acute care guideline and the terminology paper defining “acute”, “chronic/recurrent”, and “wellness” stages of care, our profession now possess not only a more clear and accepted healthcare lexicon, but credible guidelines which can provide case management and dosaging recommendations from the initiation of care thru to discharge. It will also extend to those patients who suffer ongoing chronic spine-related conditions.

As part of the Dissemination, Implementation, Evaluation, and Revision (DIER) initiatives we intend on publishing 12 separate articles throughout the year in an effort to better communicate to the field and educate payors and field doctors alike. We are currently in the process of drafting and publishing articles regarding the following topics:

- 1) Laser therapy
- 2) Terminology
- 3) Chronic-Spine Pain Management
- 4) Using CCGPP as a Resource to Defend Your Care

5) Appropriate Use of Guidelines, and much, much more!

The 2010 COCSA meeting in Scottsdale was a pivotal moment in time for CCGPP. For the first time our profession truly embraced the benefits of CCGPP initiatives, understood the importance of CCGPP for the viability of our profession given the ever-changing healthcare landscape, and most importantly, began to support CCGPP financially with nearly two dozen doctors joining the President's Club (\$1000 per year, or \$84/month). We also generated significant financial support from Core Products who, along with ChiroCode Institute, lead the way for others to truly appreciate the importance of CCGPP as a conduit to an evidence-based approach to patient care. Several other organizations like the American Chiropractic Association and the Michigan Chiropractic Association (\$5001) made significant financial pledges to CCGPP. Additionally, the North Dakota Chiropractic Association has been contributing \$250 per month. There have been dozens of other individuals and organizations that have donated to CCGPP efforts and we wish to thank all contributors, large and small, for commitment to this important organization. We invite all field doctors, colleges, local, state, and national associations/organizations to join the President's Club by visiting www.ccgpp.org.

Funding is still needed to complete the important chapter under the direction of Drs. Triano and Cleveland entitled: ***“Determining the Site of Care: What is the Evidence Regarding the Primary Methods Used to Locate the Site of Treatment Used by Chiropractors: a Proposed Formal Literature Synthesis.”***

Project Goal: This chapter will provide the evidence related to the rationale basis of performing spinal manipulation on a particular spine site.

As you can imagine, this chapter is also of historical importance, and has the added bonus of creating more unity in our profession. The cost of completion is estimated at \$60,000. This project will impact any DC performing spinal manipulation/adjustments, and will prove to be one of the most important projects completed by CCGPP.

Continuing Education:

As a reminder, DCs around the world can now purchase the program presented by Dr. Wayne Bennet entitled: ***CCG01: Chiropractic Management of Low Back Disorders - Evidence Based Documentation***. Cost: \$30. Go to the following website to order this program directly from Northwestern Health Sciences University Continuing Education Online Learning: <https://www.nwhealth.edu/conted/distlear/catalog/ccg01.html> .

We are also in the process of compiling lectures and developing our “Train the Trainers” seminar and “CCGPP Evidence-Based Continuing Education” program, in which we will partner with state associations in an effort to educate their doctors on the use of research and guidelines. Our mission is to provide instruction on how to translate all this evidence into clinical practice in an effort to provide better care and a stronger practice.

Rapid Response Team:

The Rapid Response Team has continues to serve as a vital resource for our profession. We are currently reviewing literature related to the proper training required by those wishing to perform spinal manipulation/adjustments. Unbelievably, the physical therapy profession is promoting the idea that if not for PTs, there would be little research related to spinal manipulation. We challenge that assertion.

CCGPP Person of the Year

Congratulations to Dr. Cheryl Hawk who was chosen the “2010 CCGPP Person of the Year”. She was recognized for her tireless work and leadership with this organization. Dr. Hawk has been instrumental in not only publishing CCGPP documents but spearheading several Delphi projects which lead to important chiropractic guidelines and inclusion in the National Guideline Clearinghouse. Thank you for all your hard work and dedication Dr. Hawk!

As the CCGPP continues to pursue its mission, we thank you for your continued support of our far-reaching initiatives. Please let us know if there are additional areas with which we can assist.

If you have additional questions, please feel free to contact me.

Yours in health,



Ronald J. Farabaugh, D.C.
Chair, Council on Chiropractic Guidelines and Practice Parameters (CCGPP)
chironf@aol.com

CCGPP
PO Box 2542
Lexington, SC 29071
ccgpp@sc.rr.com
www.ccgpp.org
803-356-6809